

Instructions for changing Mat for all folding rebounder models in easy to follow steps

Please note it will need two people to do this so one person can hold the rebounder steady whilst the other re-attaches the springs.

1. Cut the old mat off the rebounder using scissors as this is much quicker than unhooking every spring.
2. Take out the metal clips from the old mat and re thread through 1 of each of the fabric loops of the new mat. (do not pass through both fabric loops)
3. Make sure all the springs are still attached to the rebounder at the bolt end and just hanging down and then line up 2 springs and thread/pass the metal wavy clip through the end of the two springs in to the fabric loop. You will have to wiggle the metal wavy clip until it's in position. It's a little fiddly to start with but after you have done the first one it will become easier and quicker!

Note: It is easier to attach the springs at opposite sides - working your way around the rebounder. So hook the first 2 springs on at 12' o'clock, the second two springs at 6 o'clock the next at 3 o'clock then at 9 o'clock etc so the tension is spread evenly making it easier to work all the way around the mat. It is easier to start by hooking on either end of where the rebounder folds.

Important – you need to do this when the rebounder is in the half folded position so there is no tension on the springs. Do not do this when the rebounder is in the fully open position. You will need a second person to hold the rebounder in the half fold position whilst the other person attaches the springs.

Note - Always remember to lubricate your springs from time to time by applying a little Vaseline (or coconut oil) to either end of every spring to avoid them drying out. You apply the Vaseline to each end of the spring where it contacts the metal clip on the mat and where it hooks through the metal bolt. This helps keep the metal moist and stops any squeaking!